



The Table Community Food Centre: An Overview

Source: Community Food Centres Canada

In early 2011, CFCC partnered with the Perth & District Food Bank to create a new Community Food Centre. At the time, the organization ran one program—a food bank—and was overseen by a single staff person. When we first met with the food bank, they had recently bought a new building and secured a capital grant from the Ontario Trillium Foundation for renovations. Their aspirations to expand their programming were large, but they lacked resources and guidance.

Today, The Table Community Food Centre has more than six staff. Programming includes a healthy food bank (re-envisioned as a grocery store), regular drop-in meals, community kitchens and gardens, an after-school program, community action training and a community advocacy office. Substantial changes have taken place organizationally as well. The Table has created a more robust employment policy; volunteerism has doubled and now includes program participants; and this year, for the first time, a program participant was elected to their board of directors.

These changes occurred with extensive support, mentorship and training from CFCC staff, and a local community consultation process ensured a balance between CFCC expertise and community needs and experience.

For more information, visit www.thetablecfc.org.